

# POTATOES

#### **BY THE NUMBERS – 2023** 80,100 1.5 MILLION 160

acres seeded tons produced

### \$2.3 BILLION

licensed to farm families

to the provincial economy



#### DID YOU KNOW?

Alberta is the largest producer of potatoes in Canada

#### **ENVIRONMENT**



Alberta producers continue to lead the way in sustainable ag practices in the production of potatoes, using the latest technologies available to protect the air, land and water (the three most vital components in the production of food).

#### **MEET A PRODUCER**

#### Alison Davie, North Paddock Farms Ltd.

Alison grew up on a family farm south of Taber, where they began growing potatoes in 2000. In 2013, her and her husband, Michael, took over the farm. She enjoys being outdoors and watching

the crops grow. She also finds it very rewarding to try new things and see how their management practices can affect the crops. Sustainability is something that encompasses the whole farm. A lot of their practices stem from becoming more efficient with soil health and water usage. "If I've learned one thing in the last few years, it's the value of agriculture. No matter what . . . people have to eat, so it will always be an industry that is in need."





Visit the Know Your Food website at knowyourfoodab.ca

#### **FUN FACTS**

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KNOW YOUR FOO

A medium-sized potato has more vitamin C than 3 apples and has 18% of your daily intake of potassium — more than a banana!



## Alberta is home to 6 processing plants

(all located in southern Alberta)3 frozen french fry and other potato product plants3 potato chip plants



Alberta Potato Growers produce over 200 different varieties of potatoes each year.

# AgforLife

